

Fayodhawrka Masiibada

Wax badan kaga
ogow xogsidayaasha
la xiriira:

- Biyaha Xaaladaha Gurmada
- Saadka Xaaladda Gurmada

Macluumaad
dheeraad ah, booqo
Take5toSurvive.com

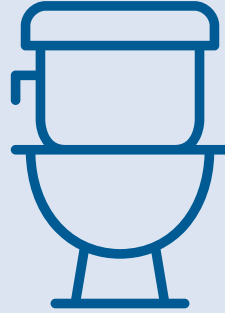
Khayraadka Dheeraad ah

Buug-tilmaameedka
Musqusha Gurmada:
www.EmergencyToilet.org

Nidaamyada
Bullaacadda & Biyaha
Wasakhda ee Meesha:
<https://bit.ly/32SCWZK>

Kahortagga Jirrada
Shubanka Kadib
Masiibada:
English - <https://bit.ly/2Y7XTB6>
Spanish - <https://bit.ly/2ZfAMkE>

Nadaafadda Qofka
iyo Gacmo-dhaqista
Kadib Masiibo ama
Gurmada:
<https://bit.ly/2r7jtSh>



Cudurku wuxuu faafaa marka qashinka aadanaha aan si sax ah loo maarayn.

Weligaa ma ka fekertay halka aad u "xaajo" tagayso marka ayna jirin meel loo "xaajo" tagaa? Kadib dhulgariir wayn, wax-aynu u baahan karnaa inaynu noolaano bilaa biyo qasabadeed iyo suuliyo shaqaynaya muddo toddobaadyo ama bilo ah. Inaad qorshe ka yeelato halka aad u xaajo tagayso waxay ka hortagaysaa cudurro lagu halaagmi karo.

Nidaamka labada baaldi

Meelaha dadku ku badan yahay ama magaaloyinka, isticmaalidda nidaamka labada baaldi ee lagu xaajo guto ayaa xallin kara dhibaata sababtoo ah wuxuu yareeyaa halista cudurka (sida kollooraha) waxaanu kala gooni ka dhigaa kaadida iyo saxarada, taasi oo yaraysa xaddiga qashinka iyo urta.

Baaldiga qashinka saxarada (xaarka)

- Baaldi dhag leh oo ay kujirto bac qaadaysa 13 gallon.
- Istimaal ka baaldiga saxarada.
- Dulsaar isticmaal kasta waraaqo googo'an, qolofa jirridaha ama agab kale oo kaarboon ka samaysan si ay u caawiyaan qallijinta wasakhda iyo xakamaynta ururta.
- Baaldiga waa inaanay wasakhdu ka badnaan kalabadhka wax ka sarreeya.
- Laba-bacee oo ku hay wasakhda meel ka gooni ah qashinka kale oo cuntada iyo biyahana ka fog.
- Ka ilaali wasakhda xawayaanka guriga jooga, duqsiga iyo jirka.

Baaldiga wasakhda dareeraha (kaadiga)

- ku rid waraaqaha musqusha baaldiga saxarada.
- Ku dar biyaha aan la cabbi karin saxarada haddii ay suurtoagal tahay.
- Ku shub daaq dushii, beer ama dhulka.



Saddex tallaabo oo caafimaadka u fican



Biyo nadiif
ah oo la
cabbi karo
waa inay
jiraan.



Had iyo
jeer maydh
gacmahaaga
kadib musqusha
iyo kahor cuntada.



Meel ammaan ah dhig
saxarada, adigoo isticmaalaya
bacaha qashinka ee labada
ah ee isku jira kana fogaynaya
cuntada iyo biyaha.

Saad Muhiim ah

Hababka oo dhan marka la eego



Waraaqaha musqusha



Gacmo-gashiyada caagga ah ee halka mar la isticmaalo



Bacaha qashinka (marka la eego qashin raacinta gacmo-gashiyada)



Saabuun iyo biyo ama gacmo-nadiifiye alkohool ka samaysan (60%+ ribbanaantu tahay)

Nidaamka labada baaldi marka la eego



Laba baaldi oo 5 gallon qaada



Kursiga musqusha (muhiim ma aha laakiin waa raaxo)



Agab qallalan, oo kaarboon ka samaysan sida caws, caleemo, doog, waraaqo googo'an, huubaha alwaaxda, iwm.



Bacaha qashinka ee shaqada culus lagu qabto

Suuliga marka la eego:



Majarafad

Qodista Suuli

Haddii aad ku nooshahay baadiye, suuligu wuxuu noqon karaa mid xaalad gurmada ah. Baro sida loo qodo suuli, ka hubi Rack Card #1 halkan www.EmergencyToilet.org.

Nidaamyada Bullaacadaha

Ma leedahay nidaamka bullaacadda? Ka hubi Rack Card #2 halkan www.EmergencyToilet.org si aad u go'aamiso haddii uu weli shaqaynayo kadib dhulgariir.

Haddii aad u baahan tahay caawimo halka uu ku yaallo nidaamka bullaacaddu **kahor masiibada**, la xiriiir Caafimaadka Bii'ada Degmada Washington.

Su'aalo?

Waa maxay sababta qaababkan loogu taliyaa?

- Waxay kahortagi karaan dilaacidda cudurro, sida kollooraha.
- Hannaankan si wax-ku-ool ah waxa looga isticmaali jiray Christchurch, New Zealand muddo dhawr sano ah kadib dhulgariir wayn oo dhacay 2011.
- Waxay qaadan kartaa bilo ama sanado inaynu dib u samaysanno nidaamyadeena bullaacadaha.

Maxaan ku sameeyaa bacaha saxarada?

- Raadi meel ammaan ah si aad u dhigto saxarada labada bacood ku jirta, oo ka fog cuntada, carruurta iyo xayawaanka.
- Ka dhagayso macluumaad dheeraad ah dadka ka shaqeeya qaadista wasakhda.

Macluumaad dheeraad ah oo kusaabsan Fayodhawlka Masiibada booqo www.emergencytoilet.org.